### Ms Fiona Dunn-Lowes BA MSc

## **Education and Professional Qualifications:**

1987 – 1990: The University of Manchester, BA (2:1) Honours, Psychology

1992 – 1994: The University of Surrey/South West Thames Regional Health Authority, MSc

Clinical Psychology

### **Clinical Experience:**

### Jun 90 – Jun 91: AMI Stockton Hall, Medium Secure Psychiatric Hospital, York

### **Assistant Psychologist**

Assessment and supervised individual sessions with clients sectioned under The Mental Health Act.

# Jun 91 – Jun 92: Grove Park Hospital, London & South Lewisham Community Team for People with Learning Disabilities

### **Assistant Psychologist**

Supervised individual and group work with clients living in community based residential units

# Sep 92 – Sep 94: Clinical Psychologist in training, South West Thames Regional Health Authority/University of Surrey, MSc Clinical Psychology

- Dec 92 Mar 93: Children and Families Placement, Queen Mary's Hospital, Roehampton, London
- Apr 93 Jun 93: Adult Placement, South Merton Community Mental Health Team and Eating Disorder Unit, Atkinson Morley Hospital, London
- Jun 93 Sept 93: Learning Disabilities Placement, Wandsworth Community Team for People with Learning Disabilities, Springfield Hospital, London SW17
- Oct 93 Jan 94: Specialist Placement, Neurological Unit, The Royal Hospital and Home, Putney, London SW15
- Feb 94 May 94: Research Placement, Eating Disorder Unit, Institute of Psychiatry, Maudsley Hospital, London. Research for MSc thesis Selective Information Processing and Memory Bias in women with Anorexia Nervosa and Bulimia
- Jun 94 Sept 94: Specialist placement, Regional Drug Dependency Unit, Springfield Hospital, London SW17

#### Jan 95 – Jan 96: GP Practice, Morden, London

## **Clinical Psychologist in Primary Care Service**

Provided psychological input for four sessions per week.

### Jan 95 – Jan 96: Regional Drug Dependency Unit, Springfield Hospital, London

#### **Clinical Psychologist**

Responsible for all psychological input on both detoxification and rehabilitation wards, including assessment of new admissions, group work, staff support, individual therapy/counselling for motivation, relapse prevention, anxiety, depression, sexual abuse and eating disorders.

Established direct access psychology clinic.

Initiated client self-advocacy service.

### Jan 96 – Nov 96: Shrinkwrap

Self Employed Clinical Psychologist to the music industry

Established service and initiated PR and marketing strategies.

Projects included resolution of writer's block, stage fright, substance misuse, depression, stress/anxiety and inter-band conflict.

# Nov 96 – Mar 01: Psychiatric & Psychological Consultancy Services Ltd, 14 Devonshire Place, London W1N

Providing general psychological input for a large independent practice (3 sessions per week).

Developed peer supervision system and academic journal club for all professionals within the consultancy.

Representative for practice psychologists on the Clinical Advisory Committee.

Recruited and supervised practice Assistant Psychologist.

Medico – legal work.

Psychometric assessment.

#### Nov 96 0 Mar 01: The Arts Clinic, 14 Devonshire Place, London W1N

# Clinical Director/Partner in company providing psychological health care to the creative industries

Established psychology and counselling service with partner, initiated marketing and PR strategies and developed a database of allied professionals.

Projects have included individual, group and corporate work in music, fashion, advertising, TV and film industries.

# Aug 98 to Aug 99: Fulham Football Club, Craven Cottage, Fulham, London

#### Clinical Psychologist,

Psychological Advisor to Fulham Football Club Youth Academy.

Provided psychological support for young players and both developed and facilitated motivational workshops.

# May 99 – May 00: Community Drug & Alcohol Service, Chemical Dependency Unit, West Middlesex University Hospital, Isleworth

### Clinical Psychologist, A Grade,

Provided psychology service for drug and alcohol users, both individually and in groups for five sessions per week.

Attended and contributed to multi-disciplinary case reviews and allocation meetings of the Drug & Alcohol Service.

# Mar 02 - Sept 03: Founder and Facilitator: Life after Birth

Established and facilitated a weekly discussion/support group designed to focus on the emotional and psychological needs of new mothers.

## Sept 03 - Sept 04: Consultant to MIND, Hemel Hempstead, Hertfordshire

Established and facilitated a weekly support group for women with eating disorders utilising a cognitive behavioural approach.

### Jan 04 – present: Oxfordshire and Buckinghamshire Mental Health NHS Foundation Trust

### **Senior Principal Clinical Psychologist**

Exercises autonomous clinical responsibility for the assessment, treatment and discharge of clients.

Provides consultancy and supervision to allied professionals and Doctoral Trainee Clinical Psychologists.

Involved in research, audit, policy development and governance.

Member of Service Steering Group.

Contributes to and teaches on Substance Misuse Module for Doctoral

Course for Trainee Clinical Psychologists.

Exercises professional self-governance re. supervision, CPD, documentation, conduct etc., in accordance with the codes of practice of the British Psychological Society.